

Type 2 Diabetes Dialogue

Creating Connections for Change

Summary Report

The BC Patient Safety and Quality Council, in partnership with the Institute for Health System Transformation and Sustainability, hosted the annual Type 2 Diabetes Dialogue event on November 18 and 19, 2020. The two half-day virtual dialogue sessions were filled with inspiring and informative presentations, meaningful connections and conversations as well as ideas for action.

To help build a shared purpose and define the future of the Type 2 Diabetes Network, participants were asked three questions in which they identified their hopes, shared ideas for action and visualized success. Top five responses are below:

What Are Your Hopes for Type 2 Diabetes in BC?

1. Enhanced focus on upstream prevention
2. People living with type 2 diabetes are offered lifestyle and dietary interventions FIRST!
3. People living with type 2 diabetes feel empowered to be in the driver's seat for their diabetes care plan
4. Ensure people have access to comprehensive care to reduce or eliminate long-term complications
5. Improve access to mental health services

Visit the Thoughtexchange here:
<http://bit.ly/type2hopes>

“The individual is really embedded between family, friends, worksites, communities, health care professionals, systems and policies and not everything is in the control of the individual. It's really important to acknowledge that.”

– Adam King

What Collective Actions Can We Take to Address Type 2 Diabetes in BC?

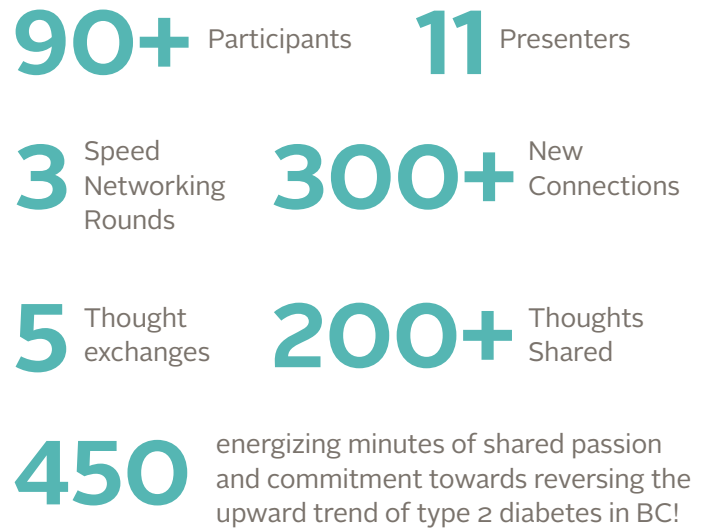
1. Build interdisciplinary teams and foster team-based care
2. Develop and advance a provincial diabetes strategy
3. Work collectively to address systemic changes (e.g. laws, regulations, policy)
4. Foster equity and access to diabetes care (e.g. marginalized and special populations)
5. Ensure alignment and coordination of efforts and resources

Visit the Thoughtexchange here:
<http://bit.ly/type2actions>

What Does Success Look Like for the Type 2 Diabetes Network?



Diabetes Dialogue by the Numbers:



“Become an ally and an equal, not an expert... We need to put ourselves shoulder-to-shoulder with people living with diabetes”

– Rebecca Sovdi

Emerging Themes

- Prevention
- Interdisciplinary teams and programs
- Person- and family- centred care
- Collaboration and a province-wide approach
- Systemic changes
- Lifestyle and nutrition
- Cultural safety, humility and effectiveness
- Equity and access
- Remission

Next Steps

The Type 2 Diabetes Network is committed to collaboration and action in the areas identified through the dialogue sessions. The top themes of prevention, interdisciplinary care and person- and family- centred care will guide the Network’s work and strategic direction in the coming months.

The Network is focused on sharing, developing and applying innovative, evidence-based practices to improve outcomes for people living with type 2 diabetes in BC. Keep up to date and join the team of passionate change-makers working towards improving prevention, management and outcomes for people living with type 2 diabetes in BC at BCPSQC.ca/diabetes