

Our aim in critical care is to mobilize that patient to the highest level that is appropriate for them on each day

Definitions from the mobility CDST:

Mobilize / Mobilization: Moving a patient/client/resident including any part of the patient/client/resident's body, with or without active participation (e.g., transferring, repositioning, ambulating, sitting at the edge of bed, bed exercises).

Actively move: movement that includes participation, voluntary movement and cooperation

